



# FREE THETAN

Newsletter of the association of  
professional independent scientologists

*Preserve, Protect & Promote*

November 2017

Volume 8 Issue 11



**The first step of handling anything is  
gaining an ability to face it.  
Scientology; A New Slant on Life**

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*Preserve, Protect & Promote*

**FREE THETAN**  
**Volume 8 Issue 11 November 2017**

**Editor in Chief**  
Michael Moore

**Contributors**  
L. Ron Hubbard  
Michael Moore  
Sebastian Tombs  
Harry Seldon  
And many others

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Website:  
[independent-scientologists-association.net](http://independent-scientologists-association.net)  
Email address:  
[support@internationalfreezone.net](mailto:support@internationalfreezone.net)

## Important

**In studying Dianetics and Scientology be very, very certain you never go past a word you do not fully understand.**

**The only reason a person gives up a study or becomes confused or unable to learn is that he or she has gone past a word or phrase that was not understood.**

**Trying to read past a misunderstood word results in mental “fogginess” and difficulty in comprehending the passages which follows. If you find yourself experiencing this, return to the last portion you understood easily, locate the misunderstood word and get it defined correctly—and then go on.**

**~000~**

<p><b>The FREE THETA</b></p>	<p>The Members Quarterly Journal of the Association of professional Independent Scientist <i>Preserve, Protect &amp; Promote</i> <a href="http://independent-scientologists-association.net">http://independent-scientologists-association.net</a></p>	
		<p>reservo, servo, proveho</p>

## ~ Editorial ~



reservo, servo, proveho

### Dear Reader,

Quite possibly the art of control lies in the ability to accept responsibility and be cause. A clue to this is in the top triangle where KRC is Knowledge, Responsibility and Control

“KRC TRIANGLE, the upper triangle in the Scn symbol. The points are K for knowledge, R for responsibility, and C for control. It is difficult to be responsible for something or control something unless you have knowledge of it. It is folly to try to control something or even know something without responsibility. It is hard to fully know something or be responsible for something over which you have no control, otherwise the result can be an overwhelm. Little by little one can make anything go right by: increasing KNOWLEDGE on all dynamics, increasing RESPONSIBILITY on all dynamics, increasing CONTROL on all dynamics. (HCO PL 18 Feb 72)”

These can be increased on a gradient and so much can be achieve this wise. One can find one point that one can increase, perhaps knowledge to start with as the easiest, and then from there increase responsibility and then control.

This, then, moves one into the area of cause. And one is as OT as one is cause. After all, the meaning of OT ... is Operating Thetan

Until next time.

Much arc,

Michael Moore  
Editor

~oo00oo~

*Front page quote from HCO PL 'Handling the Public Individual'*

## *The Aims of Scientology and APIS*

*Lafayette Ron Hubbard first issued the 'Aims of Scientology' which of course still stands. Yet, despite holding a copyright on these aims the Church of Scientology, RTC and the CST do not appear to be following these aims fully. Therefore it behooves us to take some responsibility and set out our aims, based upon the aims that Ron first envisaged as something which we can honestly strive to attain.*

*We therefore stated below:*

### **The Aims of APIS**

To contribute towards having a sane society by the promotion, expansion and application of the technology to the point where people can live their lives in peace and security and without war or insanity and where they can honestly flourish and prosper and attain higher levels of spiritual being.

APIS is non political in nature and welcomes any individual of any creed, race or nation.

APIS does not seek revolution. APIS seeks only to assist in paving the way for evolution to higher states of being for the individual and for society. After endless millennia of ignorance about himself, his mind and the universe, a breakthrough has been made for man by Lafayette Ron Hubbard with the philosophy and the technology he developed to free man from the shackles of his mind.

According to Lafayette Ron Hubbard, "The combined truths of fifty thousand years of thinking men, distilled and amplified by new discoveries about man, have made for this success."

We welcome you to APIS. We would like your help in achieving our aims and helping others and we hope to be able to help you in return.

The original working technology of Lafayette Ron Hubbard is the most vital movement on Earth today. In a troubled world, the job of promoting and applying this technology is not easy. But then, if it were, we wouldn't have to be doing it.

APIS does not owe its help not having done anything to caused it to propitiate. We are here because we want to be here and we want to assist Ron in his aims.

#### **As Ron says:**

"Man suspects all offers of help. He has often been betrayed, his confidence shattered. Too frequently he has given his trust and been betrayed. We may err, for we build a world with broken straws. But we will never betray your faith in us so long as you are one of us.

The sun never sets on Scientology.

And may a new day dawn for you, for those you love and for man.

Our aims are simple, if great.

And we will succeed, and are succeeding at each new revolution of the Earth.

Your help is acceptable to us.

Our help is yours."

'The Aims of Scientology' -- Lafayette Ron Hubbard

~oo00oo~

## CERTIFIED AUDITORS & GROUPS

**This list of auditors and groups here have been ratified and certified as delivering On Source Standard Technology.**

These Auditors and groups have requested and gone through an exacting certification process that validates their abilities and expertise. See [Certification](#) for further details. They have passed stringent testing by senior technically qualified people as per the [certification process](#).

### Canada

Toronto

Chris Black. Class VIII C/S, KOT,

Delivers: Purif C/S; Life Repair To Clear Auditing & C/Sing OT reviews & C/Sing; FPRD; Debugs & more.  
[standardtechauditor@yahoo.ca](mailto:standardtechauditor@yahoo.ca)

### USA

#### South East

Karen de la Carriere. Class XII LRH Trained Class XII C/S

Delivers: L's, NOTs, and entire Bridge

[Karendelac@gmail.com](mailto:Karendelac@gmail.com)

Southern Cal tech Team

#### Standard LRH Bridge

Training, Auditing & C/Sing Specializing in OT and NOTs levels

[scttservices@gmail.com](mailto:scttservices@gmail.com)

#### Los Angeles, California

Trey Lotz Class VIII

Delivers: Standard LRH Bridge up to Clear, NOTs, Ls

[Trey Lotztrey@relaypoint.net](mailto:TreyLotztrey@relaypoint.net)

Ian Waxler Class VIII C/S with Honors

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[info@adcian@yahoo.com](mailto:info@adcian@yahoo.com)

Ingrid Smith

From Life repair to OT4

[ingridsmith123@yahoo.com](mailto:ingridsmith123@yahoo.com)

Silvia Llorens

All Standard Bridge

[slllorens71@gmail.com](mailto:slllorens71@gmail.com)

### Scotland

Ken Urquhart. Class IV Advance Courses Specialist. Class IX

Delivers: Internships, apprenticeships and Okay-to-Audits Class V

[Ken\\_Urquharturq@verizon.net](mailto:Ken_Urquharturq@verizon.net)

Non certified and pending auditors, groups and organizations can be found on the [auditors page](#). APIS offers no guarantee as to the quality of delivery of services with uncertified auditors. They are alphabetically categorized by country and region for your convenience.

~oo00oo~



L Ron Hubbard talks with staff and students at old Saint Hill

## CONFRONTING

That which a person can confront, he can handle.

The first step of handling anything is gaining an ability to face it.

It could be said that war continues as a threat to man because man cannot confront war.

The idea of making war so terrible that no one will be able to fight it is the exact reverse of fact—if one wishes to end war. The invention of the long bow, gun powder, heavy naval cannon, machine guns, liquid fire, and the hydrogen bomb add only more and more certainty that war *will* continue. As each new element which man cannot confront is added to elements he has not been able to confront so far, man engages himself upon a decreasing ability to handle war.

We are looking here at the basic anatomy of all problems. Problems start with an inability to confront anything. Whether we apply this to domestic quarrels or to insects, to garbage dumps or Picasso, one can always trace the beginning of any existing problem to an unwillingness to confront.

Let us take a domestic scene. The husband or the wife cannot confront the other, cannot confront second dynamic consequences, cannot confront the economic burdens, and so we

have domestic strife. The less any of these actually are confronted, the more problem they will become.

It is a truism that one never solves anything by running away from it. Of course, one might also say that one never solves cannon balls by baring his breast to them. But I assure you that if nobody cared whether cannon balls were fired or not, control of people by threat of cannon balls would cease.

Down on Skid Row where flotsam and jetsam exist to keep the police busy, we could not find one man whose basic difficulties, whose downfall could not be traced at once to an inability to confront. A criminal once came to me whose entire right side was paralysed. Yet, this man made his living by walking up to people in alleys, striking them and robbing them. Why he struck people he could not connect with his paralysed side and arm. From his infancy he had been educated not to confront men. The nearest he could come to confronting men was to strike them, and so his criminal career.

The more the horribleness of crime is deified by television and public press, the less the society will be able to handle crime. The more formidable is made the juvenile delinquent, the less the society will be able to handle the juvenile delinquent.

In education, the more esoteric and difficult a subject is made, the less the student will be able to handle the subject. When a subject is made too formidable by an instructor, the more the student retreats from it. There were, for instance, some early European mental studies which were so complicated and so incomprehensible and which were sewn with such lack of understanding of man that no student could possibly confront them.

Man, at large today, is in this state with regard to the human spirit. For centuries man was educated to believe in demons, ghouls, and things that went boomp in the night. There was an organization in southern Europe which capitalized upon this terror and made demons and devils so formidable that at length man could

not even face the fact that any of his fellows had souls. And thus we entered an entirely materialistic age. With the background teaching that no one can confront the “invisible”, vengeful religions sought to move forward into a foremost place of control. Naturally, they failed to achieve their goal and irreligion became the order of the day, thus opening the door for Communism and other idiocies. Although it might seem true that one cannot confront the invisible, who said that a spirit was *always* invisible? Rather, let’s say that it is impossible for man or anything else to confront the nonexistent; and thus when nonexistent gods are invented and are given more roles in the society, we discover man becomes so degraded that he cannot even confront the spirit in his fellows, much less become moral. Confronting, as a subject in itself, is intensely interesting. Indeed, there is some evidence that mental image pictures occur only when the individual is unable to confront the circumstances of the picture. When this compounds and man is unable to confront anything anywhere, he might be considered to have pictures of everything, everywhere. This is proven by a rather interesting test made in 1947 by myself. I discovered, although I did not entirely interpret it at the time, that an individual has no further pictures when he can confront all pictures; thus being able to confront everything he has done, he is no longer troubled with the things he has done. Supporting this, it will be discovered that individuals who progress in an ability to handle pictures eventually have no pictures at all. This we call a “Clear”. A “Clear”, in an absolute sense, would be someone who could con-

front anything and everything in the past, present and future.

The handling of a problem seems to be simply the increase of ability to confront the problem, and when the problem can be totally confronted, it no longer exists. This is strange and miraculous.

Man’s difficulties are a compound of his cowardice’s. To have difficulties in life, all it is necessary to do is to start running away from the business of livingness. After that, problems of unsolvable magnitude are assured. When individuals are restrained from confronting life, they accrue a vast ability to have difficulties with it.

Various nervous traits can be traced at once by *trying to* confront with something which insists on running away. A nervous hand, for instance, would be a hand with which the individual is trying to confront something. The forward motion of the nervousness would be the effort to make it confront; the backward motion of it would be its refusal to confront. Of course, the basic error is confronting *with* the hand.

The world is never bright to those who cannot confront it. Everything is a dull gray to a defeated army. The whole trick of somebody telling you “it’s all bad over there” is contained in the fact that he is trying to keep you from confronting something and thus make you retreat from life. Eyeglasses, nervous twitches, tensions, all of these things stem from an unwillingness to confront. When that willingness is repaired, these disabilities tend to disappear.

~oo0oo~



## Price of Diamonds



Comprehensive up to date news and information on diamonds



## IS IT POSSIBLE TO BE HAPPY?

*Is it possible to be happy?*

A great many people wonder whether half of us even exist in this modern, rushing world. Very often an individual can have a million dollars, he can have everything his heart apparently desires, and is still unhappy. We take the case of somebody who has worked all his life; he has worked hard and he has raised a big family. He has looked forward to that time in his life when he, at last, can retire and be happy and be cheerful, and have lots of time to do all the things he has wanted to do; and then we see him after he has retired—and is he happy? No.

He's sitting there thinking about the good old days when he was working hard.

Our main problem in life is happiness, but I'll tell you more in a moment. The world may or may not be designed to be a happy one. It may not be possible for you to be happy in this world, and yet nearly all of us have a goal to be happy and cheerful about existence.

You know, very often we look at the world around us and say that nobody could be happy in this place. We look at the dirty dishes in the sink, and the car needing a coat of paint, and at the fact that we need a new gas heater, we need a new coat, we need new shoes or we would just like to have better shoes; and so, how could anyone possibly be happy when actually

he can't have everything he wants. He is unable to do all the things he'd like to do, and therefore, this environment doesn't permit a person to be as happy as he could be. Well, I'll tell you a funny thing—a lot of philosophers have said this many, many times—but the truth of the matter is that all the happiness you ever find lies in you.

You remember when you were maybe five years old, and you went out in the morning and you looked at the day, and it was a very, very beautiful day, and you looked at the flowers, and they were very beautiful flowers; twenty-five years later you get up in the morning, you take a look at the flowers—they are wilted. The day isn't a happy day. Well, what has changed? You know they are the same flowers, it's the same world, something must have changed. Probably it was you. Actually a little child derives all of his "how" of life from the grace he puts upon life.

He waves a magic hand and brings all manner of interesting things into being out in the society. Here is this big, strong brute of a man riding his iron steed, up and down, and boy, he'd like to be a cop. Yes sir! He would sure like to be a cop; and twenty-five years later he looks at that cop riding up and down and checks his speedometer and says, "Doggone these cops!" Well, what is changed here? Has the cop changed? No. Just the attitude toward him.

One's attitude toward life makes every possible difference in one's living. You know you don't have to study a thousand ancient books to discover that fact. But sometimes it needs to be pointed out again that life doesn't change so much as you.

Once upon a time, perhaps, you were thinking of being married and having a nice home, and having a nice family; everything would be just fine. The husband would come home and you would put the dinner on the table and everybody would be happy about the whole thing; and then you got married and maybe it didn't quite work out. Somehow or other, he comes



home late and he has had an argument with the boss, and he doesn't feel well. He doesn't want to go to the movies, and he doesn't see how you have any work to do anyhow—after all, you sit home all day and do nothing—and you know he doesn't do any work either.

He disappears out of the house.

He's gone. Then he comes back later in the evening, and quite an argument could ensue over this. Actually, both of you work quite hard. Well, what do we do with a condition like this? Do we just break up the marriage? Or touch a match to the whole house? Or throw the kids in the garbage can? Or go home to mother? Or what do we do?

Well, there are many, many things we could do, and the least of them is to take a look at the environment. You know, just look around and say, "Where am I? What am I doing here?"

And then, once you have found out where you are, why, try to find out how you can make that a little more habitable. The day when you stop building your own environment, when you stop building your own surroundings, when you stop waving a magic hand and gracing everything around you with magic and beauty, things cease to be magical, things cease to be beautiful.

Other people seek happiness in various ways. They seek it hectically, as though it's some sort of mechanism that exists—maybe it's a little machine, maybe it's parked in the cupboard, maybe happiness is down at the next corner, or maybe it's someplace else. They're looking for something, but the odd part of it is, the only time they ever find something is when they put it there first. Now, this doesn't sound very plausible, but it's quite true. Those people who have become unhappy about life are unhappy about life solely and completely because life has ceased to be made by them. Here we have the single difference in a human being. We have here a human being who is unhappy, miserable, and isn't getting along in life, who is sick, who doesn't see brightness. Life is han-

dling, running, changing, making him.

And here you have somebody who is happy, who is cheerful, who is strong, who finds that most things are pleasurable; and what do we discover in this person? We find out that he is making life, and there is actually a single difference: are you making life or is life making you? Carefully go into this, and you will find out that a person has stopped making life because he himself has decided that life cannot be made. Some failure, some small failure, maybe not graduating with the same class, or maybe that failure that had to do with not marrying quite the first man or woman that came along who seemed desirable, or maybe the failure of having lost a car, or just some minor thing in life started this attitude. A person looked around one day and said, "Well, I've lost," and after that, life makes him; he doesn't make life any more.

Now this would be a very critical situation if nothing could be done about it, but the fact of the matter is that it is the easiest problem of all the problems man faces—changing himself and changing the attitudes of those around him. It is very, very easy to change somebody else's attitude. Yet you are totally dependent upon other people's attitudes—somebody's attitude toward you may make or break your life. Did it ever occur to you that your home holds together because of the attitude the other person has toward you? So there are really two problems here—you would have to change two attitudes. One: your attitude toward somebody else, and two: their attitude toward you. Well, are there ways to do this? Yes, fortunately, there are.

For many, many centuries, Man has desired to know how to change the mind and condition of himself and his fellows. Actually, Man had a cumulative inclination to do this up to relatively few years ago. But, we are making it a very fast paced world; we are making it a world where magic is liable to occur at any time, and has.

Man now understands a great many things

about the universe he lives in, which he never understood before. Amongst the things he now understands is the human mind. The human mind is not an unsolved problem. Nineteenth century psychology didn't solve the problem, but that doesn't mean it has not been solved. In modern times the most interesting miracles are taking place all across this country and across other continents of earth. What do these miracles consist of? They consist of people becoming well when they were ill, incurably ill. They consist of people who were unhappy becoming happy once more. They consist of abolishing the danger inherent in many of the illnesses and many of the conditions of Man. Yet the answer has been with Man all the time; Man has been able to reach out and find this answer, so perhaps Man himself had to change. Perhaps he had to come up to modern times to find out that the physical universe was not composed of demons and ghosts. To outlive his superstitions, to outlive the ignorance of his forbears. Perhaps he had to do everything, including inventing the atom bomb, before he could finally find himself. Well, he has pretty well mastered the physical universe now. The physical universe is to him no longer a prob-

lem, he can do many things with it; and having conquered that, he can now conquer himself. The truth of the matter is he has conquered himself. The science of Scientology came about because of a man's increased knowledge of energy. Man became possessed of more information about energy than he had had before in all of his history; and amongst that, he came into possession of information about the energy which is his own mind. The body is an energy mechanism. Naturally, a person who cannot handle energy could not handle a body. He would be tired, he would be upset, he would be unhappy, and he looks all around him to find nothing but energy. If he knew a great deal about energy, particularly the energy of himself and the space which surrounds him, he, of course, would know himself; and that, in the final essence, has been his goal for many thousands of years. To know himself. Scientology has made it possible for him to do so.

~oo00oo~



*Freedom*

Fixed on too many barriers, man yearns to be free. But launched into total freedom he is purposeless and miserable.

There is freedom amongst the barriers. If the barriers are known and the freedoms are known, there can be life, living, happiness, a game.

—SCIENTOLOGY: A NEW SLANT ON LIFE

L. Ron Hubbard

## FREE THETA

The voice of independent  
Scientologists with  
Exciting articles by  
source and well known  
and well respected  
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"REALITY IS THE AGREED UPON  
APPEARANCE OF EXISTENCE"

SCIENTOLOGY 8-808  
Lafayette Ron Hubbard

THE BRIDGE TO TOTAL FREEDOM
SCIENTOLOGY CLASSIFICATION GRADATION AND AWARENESS CHART OF LEVELS AND CERTIFICATES

Main chart area containing 'TRAINING' and 'PROCESSING' columns with various course levels (Class XII to Class I, etc.), awareness characteristics (Total Freedom, Power, etc.), and processing services (L12\*, L11\*, L10\*, etc.).

How to Use This Chart
This chart describes the route to a better recovery from the pain of the past... The chart is divided into three main parts: Training, Processing, and Awareness.

Definitions
AWARENESS: A person trained and qualified to apply the techniques of Scientology...
CLEAR: A name of a state achieved through the application of Scientology...
HUBBARD KEY TO LIFE COURSE: A course of study which provides the student with the necessary background for the study of Scientology.

Success Through Communication Route
Life Improvement Route
Personal Efficiency Route
Scientology Introductory Auditing Route

Diagnoses (Book One) Route
Anatomy of the Human Mind Route
The Way to Happiness Route
Hubbard Key to Life Course

ARC Straightwire\*
Happiness Roundup\*
PT5 Roundup
Method One\* Word Clearing
Therapeutic TR Course
Co-aided Courses



## WHAT IS THE BASIC MYSTERY?

In the general study of the world and its affairs, we find out that the only way you can make a slave—as if anybody would want one—would be to develop a tremendous amount of mystery about what it's all about and then develop an overwhelming charge on the mystery line. Not only develop a mystery, but then sell it real good; sell some bogus answer to the mystery.

Man is so used to this that, when you come along and put a perfectly good answer in his hands, why, he drops it like a hot potato, because he knows what all answers are: All answers are carefully derived from mysteries with bogus answers, and all mysteries are going to cost you something sooner or later.

The development of the mystery itself stems

from interpersonal relationships and Man's general conflict with his fellows and his environment, and so on. And the basic mystery is—who is he? There's no more basic mystery than that—"who is that fellow over there?" That is the beginning of individuation, of, not individualism, but individuation, of pulling back from everybody and saying, "I am me and they are 'them', and God knows what they're up to!"

And then, after a while, the fellow takes it out of the realm of near blasphemy and puts it into worship. And he says, "Well, God knows what they're up to and he will protect me."

So what do we basically have? We basically have a mystery on who the other fellow is.

Now "science" originally meant truth, and now it means research revenue. Science has so far abandoned the basic mystery, that they think there's a mystery on what is a floor, what is a ceiling, what is space. That is really a very cooked-up mystery—because that floor and that

ceiling and that space is what thee and me agreed to put there, and that's about all it is.

Wherever we have a mystery, we normally have had a disagreement or a misunderstanding or an out-of-communication-ness. And that's all there actually is to it, basically. A fellow had to disagree with whom he was looking at. He knew about it originally and he didn't want to know who that fellow was over there. He didn't want to know anything about the situation, because he had learned a lesson: If he communicated with it, he would be proved wrong!

So we had some people in our midst—you amongst them—who would put up a "this" and say it was a "that". And then you would get these things twisted somehow or another, and you'd say, "Why don't you communicate with *this*?" and then say, "You communicated with *that*." After a while a fellow says, "Aw, I don't want to communicate with either one of them.

Dickens with it. Who cares what those things

are—I don't want to know." And after that, he'd had it. He said, "I don't want to know," and therefore he had a mystery sitting across from him someplace. And he went so far along this line of not wanting to know that after a while he conceived that he didn't know. And then he went from there and said it's impossible to know. Wherever Man finds himself deeply instilled, engrossed, surrounded with mystery, he is actually in conflict with himself and himself alone. That is why processing works. THE ONLY ABERRATION IS DENIAL OF SELF. Nobody else can do anything to you, but YOU.

That is a horrible state of affairs. You can do

something to you, but it requires your postulate, your agreement or your disagreement, before anything can happen to you. People have to agree

to be ill; they have to agree to be stupid; they have to agree to be in mystery.

People are the victims of their own flinch. They are the victims of their own postulates, the victims of their own belief that they are inadequate.

An individual has to postulate into existence his own aberration, his own flinch, his own stupidity, his own lack of confidence, and his own bad luck.

~oo00oo~

## CULTURAL LAG

By L. Ron Hubbard

The reason why Dianetics and Scientology were abused or even fought has to do with what is called a "cultural lag." This has often occurred in the history of technical developments.

An example is Dr. Semmelweis's discovery of the cause and cure of childbed fever. For over half a century after that women still died in agony after child-bearing.

Eventually the culture caught up to it and the illness which had accounted for a huge percentage of female deaths ceased to exist. Dr. Semmelweis's discovery of its prevention was "ahead of its time". Pathetically, scoffed and disbelieved, he even died to prove he was right.

The atomic bomb was wholly feasible more than a decade before it was "developed". No one credited it and no one put up the cash.

The radio telephone was invented and demonstrated half a century before it was generally used.

Cultural lag occurs for many reasons.

In any field as retarded as the human sciences the emergence of Dianetics and Scientology, full and workable and complete, is startling. And thereby subject to disbelief. This does not mean they aren't used and useful.

It is significant that hundreds of aerospace technicians, working with satellites and rocketry, broadly used Scientology first. At the same time parliaments in some socially backward countries were busy passing laws against Scientology to protect their psychiatrists whose medieval approach was to seize people without any process of law and castrate them and saw out brains as a "cure" for mental illness.

In a world where governments are fighting to dominate men's minds, mental technology is needed to protect the individual and to prevent the enslavement of all.

So Dianetics and Scientology may be a century ahead of their times but still they are just in time before we all go up in smoke. Dianetics was the first practical workable easily taught science of the mind. It has endured already 19 years and is better and more used than ever before.

~oo00oo~



## TWO RULES FOR HAPPY LIVING

1. *Be able to experience anything.*
2. *Cause only those things which others can experience easily.*

Man has had many golden rules. The Buddhist rule of “Do unto others as you would have these others do unto you” has been repeated often in other religions. But such golden rules, while they served to advance man above the animal, resulted in no sure sanity, success, or happiness. Such a golden rule gives only the cause point or at best, the reflexive effect point. This is a self-done-to-self thing, and tends to put all on obsessive cause. It gives no thought to what one does about the things done to one by others not so indoctrinated.

How does one handle the evil things done to him?

It is not told in the Buddhist rule. Many random answers resulted. Amongst them are the

answers of Christian Science (effects on self don't exist), the answers of early Christians (become a martyr), the answers of Christian ministers (condemn all sin). Such answers to effects created on one bring about a somewhat less than sane state of mind—to say nothing of unhappiness.

After one's house has burned down and the family cremated, it is no great consolation to (1) pretend it didn't happen, (2) liken oneself to Job, or (3) condemn all arsonists. So long as one fears or suffers from the effect of violence, one will have violence against him. When one *can* experience exactly what is being done to one, ah, magic—it does not happen!

How to be happy in this universe is a problem few prophets or sages have dared to contemplate directly. We find them “handling” the problem of happiness by assuring us that man is doomed to suffering. They seek not to tell us how to be happy, but how to endure being unhappy. Such casual assumption of the impossibility of happiness has led us to ignore any real examination of ways to be happy. Thus, we have floundered forward toward a negative goal—get rid of all the unhappiness on Earth and one would have a livable Earth. If one seeks to get rid of something continually, one admits continually that he cannot confront it—and thus everyone went down hill. Life became a dwindling spiral of *more* things we could not confront. And thus, we went toward blindness and unhappiness.

To be happy, one must be *able* to confront, which is to say, experience, those things that are.

Unhappiness is only this: the inability to confront that which is. Hence, ( 1 ) *Be able to experience anything.*

The effect side of life deserves great consideration. The self-caused side also deserves examination.

To create only those effects which others could easily experience gives us a clean new rule of living. For, if one does this, then what might

he do that he must withhold from others? There is no reason to withhold his own actions or regret them (same thing), if one's own actions are easily experienced by others. This is a sweeping test (and definition) of good conduct—to do only those things which others can experience.

If you examine your life, you will find you are bothered only by those actions a person did which others were not able to receive. Hence, a person's life can become a hodge-podge of violence withheld, which pulls in, then, the violence others caused.

The more actions a person emanated which could not be experienced by others, the worse a person's life became. Recognizing that he was bad cause or that there were too many bad causes already, a person ceased causing things—an unhappy state of being. Pain, misemotion, unconsciousness, insanity, all result from causing things others could not experience easily. The reach-withhold phenomenon is the basis of all these things.

When one sought to reach in such a way as to make it impossible for another to experience, one

did not reach, then, did he? To “reach” with a gun against a person who is unwilling to be shot

is not to reach the person, but a protest. All *bad* reaches never reached. So there was no communication, and the end result was a withhold by the person reaching. This reach-withhold became at last an inability to reach—therefore, low communication, low reality, lover affinity.

Communication is time environment or situation.

One means of reaching others. So, if one is unable to reach, one's ability to communicate will be low; and one's reality will be low, because if one is unable to communicate, he won't really get to know about others; and with knowing little or nothing about others, one doesn't have any feeling about them either, thus one's affinity will be low.

Affinity, reality and communication work together; and if one of these three is high, the other

two will be also; but if one is low, so will the others be low.

All bad acts, then, are those acts which cannot be easily experienced at the target end.

On this definition, let us review our own “bad acts”. Which ones were bad? Only those that could not be easily experienced by another were bad. Thus, which of society's favorite bad

acts are bad? Acts of real violence resulting in pain, unconsciousness, insanity and heavy loss could, at this time, be considered bad. Well, what other acts of yours do you consider “bad”?

The things which you have done which you could not easily, yourself, experience, were bad.

But the things which you have done which you, yourself, could have experienced, had they

been done to you, were *not* bad. That certainly changes one's view of things!

There is no need to lead a violent life just to prove one can experience. The idea is not *to prove* one can experience, but to regain the *ability* to experience.

Thus, today, we have two golden rules for happiness:

1. *Be able to experience anything;*
2. *Cause only those things which others are able to experience easily.*

Your reaction to these tells you how far you have yet to go.

And if you achieve these two golden rules, you would be one of the happiest and most successful people in this universe, for who could rule you with evil?

~oo00oo~



## Wins and Successes in the Scientology Independent Field

### **Auditing Preclears**

Today I audited a very upstat Latvian and American college student, here is what he had to say about finishing his Method One Word clearing: For the first time in my career as a student and as a Scientologist I feel confident that I can really use my knowledge to the fullest and gain more of it, all thanks to Frank Davis and to Method 1 word clearing. It is truly a relief of all this crazy data that was false and was clogging up my mind. Now I know the right way to succeed and continue to have gains in my life and on the Bridge to Total Freedom.

### **Auditing**

Having completed the Purification Rundown I now know that the restimulative effects are out of the way and I can continue my handling that I came here for. Also, I am sleeping 100% better as a result of this process.

### **Method One Word Clearing**

I have completed my M1 W/C and had many cognitions along the way, one of which is that

I have the self-determinism to know a subject and/or not know it. We travelled all over the time track and remembered things that were like something out of science-fiction. It was a lot of fun and very educational. Thank you auditor and thank you LRH! MR

--

The auditor audited me for an incident that occurred when I was young. The incident caused a scrape on my back. I have had an open sore there for many years. Often people told me to leave it alone and quit scratching at it. I told people I hadn't scratched it, but it was open. After the auditing session, I went to sleep. The next morning I woke up, showered, and I noticed the sore wasn't there. I went into the bedroom and asked my husband to verify it wasn't there and he did so. I firmly believe the sore was caused by the incident. After running the incident, it was gone.

### **Lower Levels**

Well, there were some things that were just sitting there in my space that were keeping me from stability. These items have now been



handled. I got responsibility! I am responsible for my own actions and have blown losing because of other's actions. I can see when a via comes up in my space and can remove the via and BE there. I have seen how I will react to being around people, and I would almost cringe in fear. This reaction is no longer there, but I've been so used to this condition that I was expecting the cringing fear and would wait for it, but then I would notice that it wasn't there anymore! I am now able to separate my game(s) from other's game(s) and fully be responsible for me without caving in because of another's game or loss.

Stable!

Stable!

Stable!

Thank you and thanks to the C/S and to Ron.

### ARC Straightwire Completions

Great experience, wonderful auditing, looking forward to what comes next. Feel lighter already, energetic, optimistic that I am on the right Path and can only get better from here on out. Thanks Frank you are an expert at what you do.

This action was great. It was my first auditing in close to 15 years. I had some really good cognitions, including realizing that I can look at my pictures without getting upset or misemotional. They are just pictures. I was amazed at how much my memory opened up, especially in their detail.

Grade Zero is much more than I anticipated.

Ability to communicate and LET OTHERS communicate are each as important as the other.

The types of communication are really infinite. I feel good and calm and happy.

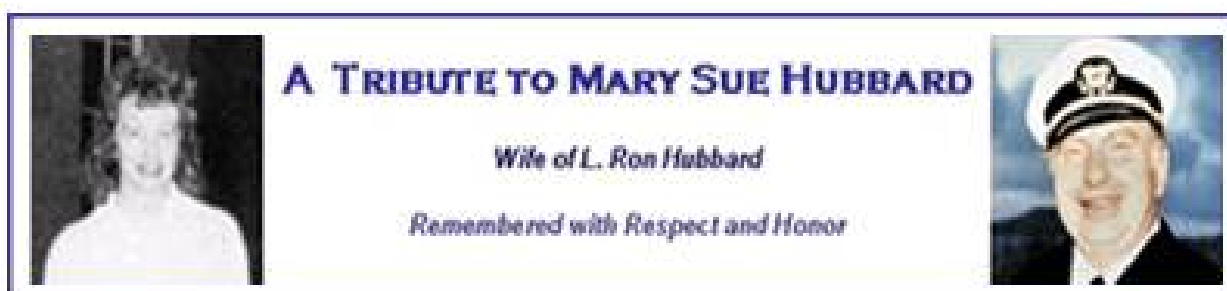
### CLEAR & CLEAR REVIEW

Wow! What a validation! All the excuses, justifiers, and arbitraries of the past are gone. All we're left with is my knowingness and certainty of what I originated back in November of 1995. I am **CLEAR!**

For nearly 14 years I have Q and A'd with this. I wanted to believe it, but without the "ack" it became a mystery sandwich that I couldn't quit chewing on. The mystery is gone. I'm free to reach for anything, move anywhere, do anything. The MEST universe absolutely glows to me now. Let the NEW games begin!

Although I was already progressing through the non-interference area, there was something unresolved for me and something not acknowledged. This was adding much complexity and obscuring my havingness of my own beingness. I find the actual simplicity of my being fresh, new and exciting, and yet serene. I've waited a long time to rehabilitate this state for real and fully. To those who read this success story, I want you to know what you know about you, completely, regardless of how "solid" and "superior" any conflicting data from any source might appear to be.

~oo00oo~





L Ron Hubbard talks with staff and students at old Saint Hill

## THE REASON WHY

Life can best be understood by likening it to a game. Since we are exterior to a great number of games, we can regard them with a detached eye. If we were exterior to Life instead of being involved and immersed in the living of it, it would look to us much like games look to us from our present vantage point.

Despite the amount of suffering, pain, misery, sorrow and travail which can exist in life, the reason for existence is the same reason as one has to play a game—interest, contest, activity and possession. The truth of this assertion is established by an observation of the elements of games and then applying these elements to life itself. When we do this we find nothing left wanting in the panorama of life.

By game we mean a contest of person against person or team against team. When we say games we mean such games as baseball, polo, chess or any other such pastime. It may at one time have struck you as peculiar that men would risk bodily injury in the field of play just for the sake of “amusement”. So it might strike you as peculiar that people would go on living

or would enter into the “game of life” at the risk of all the sorrow, travail and pain just to have

something to do. Evidently there is no greater curse than total idleness. Of course there is that

condition where a person continues to play a game in which he is no longer interested. If you will but look about the room and check off items in which you are not interested, you will discover something remarkable. In a short time you will find that there is nothing in the room in which you are not interested. You are interested in everything. However, disinterest itself is one of the mechanisms of play. In order to hide something it is only necessary to make everyone disinterested in the place where the item is hidden. Disinterest is not an immediate result of interest which has worn out. Disinterest is a commodity in itself. It is palpable, it exists.

By studying the elements (factors) of games (contests) we find ourselves in possession of the elements of life.

Life is a game. A game consists of *freedom*, *barriers* and *purposes*. This is a scientific fact, not merely an observation.

Freedom exists amongst barriers. A totality of barriers and a totality of freedom alike are no-game conditions. Each is similarly cruel. Each is similarly purposeless.

Great revolutionary movements fail. They promise unlimited freedom. That is the road to failure. Only stupid visionaries chant of endless freedom. Only the afraid and the ignorant speak of and insist upon unlimited barriers.

When the relation between freedom and barriers becomes too unbalanced, an unhappiness results.

“Freedom from” is all right only so long as there is a place to be free *to*. An endless desire *for freedom from* is a perfect trap, a fear of all things.

Barriers are composed of inhibiting (limiting) ideas, space, energy, masses and time

Freedom in its entirety would be a total absence of these things—but it would also be a freedom without thought or action, an unhap-

py condition of total nothingness.

Fixed on too many barriers, man yearns to be free. But launched suddenly into total freedom he is purposeless and miserable. He needs a gradient.

There is *freedom amongst* barriers. If the barriers are known and the freedoms are known there can be life, living, happiness a game.

The restrictions of a government, or a job, give an employee his freedom. Without known restrictions, an employee is a slave, doomed to the fears of uncertainty in all his actions.

Executives in business and government can fail in three ways and, thus, bring about a chaos in their department. They can:

1. seem to give endless freedom;
2. seem to give endless barriers;
3. make neither freedom nor barriers certain.

Executive competence, therefore, consists of imposing and enforcing an adequate balance between their people's freedom and the unit's barriers and in being precise and consistent about those freedoms and barriers. Such an executive, adding only in himself initiative and purpose, can have a department with initiative and purpose.

An employee, buying and/or insisting upon freedom only, will become a slave. Knowing the above facts, he must insist upon a workable balance between freedom and barriers.

There are various states of mind which bring about happiness. That state of mind which insists only upon freedom can bring about nothing but unhappiness. It would be better to develop a thought pattern which looked for new ways to be entrapped and things to be trapped in, than to suffer the eventual total entrapment of dwelling upon freedom only. A man who is willing to accept restrictions and barriers and is not afraid of them is free. A man who does nothing but fight restrictions and barriers will usually be trapped.

As it can be seen in any game, purposes become counterpoised. There is a matter of purpose-counter purpose in almost any game played in a field with two teams. One team has

the idea of reaching the goal of the other, and the other has the idea of reaching the goal of the first. Their purposes are at war, and this warring of purposes makes a game.

The war of purposes gives us what we call problems. A problem consists of two or more purposes opposed. It does not matter what problem you face or have faced, the basic anatomy of that problem is purpose-counter-purpose.

In actual testing in Scientology, it has been discovered that a person begins to suffer from problems when he does not have enough of them. There is the old saw (maxim) that, if you want a thing done, give it to a busy man to do. Similarly, if you want a happy associate, make sure that he is a man who can have lots of problems.

We have the oddity of a high incidence of neurosis in the families of the rich. These people have very little to do and have very few problems. The basic problems of food, clothing and shelter are already solved for them. We would suppose then, if it were true that an individual's happiness depended only upon his freedom, these people would be happy.

However, they are not happy. What brings about their unhappiness? It is the lack of problems.

An unhappy man is one who is considering continually how to become free. One sees this in the clerk who is continually trying to avoid work. Although he has a great deal of leisure time, he is not enjoying any part of it. He is trying to avoid contact with people, objects, energies and spaces. He eventually becomes trapped in a sort of lethargy. If this man could merely change his mind and start "worrying" about how he could get more work to do, his happiness level would increase markedly. One who is plotting continually how to get out of things will be miserable. One who is plotting how to get into things has a much better chance of becoming happy.

There is, of course, the matter of being forced to play games in which one has no interest—a

war into which one is drafted is an excellent example of this. One is not interested in the purposes of the war and yet one finds himself fighting it. Thus there must be an additional element and this element is “the power of choice”.

One could say then that life is a game and that the ability to play a game consists of tolerance for freedom and barriers and an insight into purposes with the power of choice over participation.


These four elements, freedom, barriers, purposes and power of choice, are the guiding ele-

ments of life. There are only two factors above these and both of them are related to these.

The first is the ability to create, with of course its negative, the ability to uncreate, and the second is the ability to make a postulate (to consider, to say a thing and have it be true).

This, then, is the broad picture of life, and these elements are used in its understanding, in bringing life into focus and in making it less confusing.

~oo00oo~



“The amount of public demand for service and your future income are both largely dependent upon GOODWILL.

“Goodwill is the reputation an organization has with its publics for integrity, good service, prompt bills paying, high quality delivery, friendliness, etc.

“Excellent technical delivery is what generates a blaze of goodwill and PR that spreads by word of mouth like wildfire.”

—L. Ron Hubbard

Article of 7 April 1983, GOODWILL

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***Quote from  
L. Ron Hubbard***

## **THE CODE OF HONOUR**

1. Never desert a comrade in need, in danger or in trouble.
2. Never withdraw allegiance once granted.
3. Never desert a group to which you owe your support.
4. Never disparage yourself or minimize your strength or power.
5. Never need praise, approval or sympathy.
6. Never compromise with your own reality.
7. Never permit your affinity to be alloyed.
8. Do not give or receive communication unless you yourself desire it.
9. Your self-determinism and your honour are more important than your immediate life.
10. Your integrity to yourself is more important than your body.
11. Never regret yesterday. Life is in you today, and you make your tomorrow.
12. Never fear to hurt another in a just cause.
13. Don't desire to be liked or admired.
14. Be your own adviser, keep your own counsel and select your own decisions.
15. Be true to your own goals.

## **A Special Quote from the Volunteer Ministers Handbook by L. Ron Hubbard**

### **Exercises One, Two and Three**

#### **Exercise One**

Look and Act Younger: Sitting somewhere near the center of a room, close your eyes and "contact" the two upper corners of the room behind you. Then, holding those corners, sit still and don't think. Remain interested only in those two corners.

You can do this for two minutes (minimum) or two hours, always with benefit. No matter what happens, simply hold the corners and don't think.

You can do this daily. It will make you look and act younger.

#### **Exercise Two**

Feel Freer: Pick out two similar objects. Then find as many differences between them as possible.

Now pick out two objects and see where they are in relation to each other and your body.

Use these two steps over and over. You will feel freer and see better.

#### **Exercise Three**

Better your memory: Go over this list many times, each time answering its questions.

"Recall a time which really seems real to you."

"Recall a time when you were in good communication with someone."

"Recall a time when you agreed to something."

"Recall a time when somebody disagreed with you."

"Recall a time when you liked somebody."

"Recall a time when someone agreed with you."

"Recall a time when someone was communicating easily to you." "Recall a time when somebody liked you."

Use this list many times. If "holding corners" (Exercise One) disturbed you, use this list. If you are tired or confused, use it.

This exercises can be done for hours.

~oo0oo~

## Expanded Know to Mystery Scale

But you get a condensation of knowingness. A condensation of knowingness occurs down to lookingness. One has something to look at. And then this condenses and we get emotion. And this condenses and we get effort. And this condenses and we get thinkingness -you know, figure-figure. And this condenses and we get symbols. And the symbols condense and we get eating and the eating condenses and we get sex and the sex condenses and we get mystery.

Now, we could go on down south again and say, below mystery we get peering. And below peering, why, we would of course get misemotion. And below misemotion we would get horror of effort. And below horror of effort, why, we would get something on the order of a circuit instead of thinkingness, you see.

And below this circuit, why, we would get incomprehensible symbols and sciences like psychology. And below, and below this circuitry we would get indigestion. And below indigestion we'd get sterility and impotence. And below this, why, we would get unconsciousness.

**Native State**  
**Not Know**  
**Know About**  
**Look**  
**Emotion**  
**Effort**  
**Think**  
**Symbols**  
**Eat**  
**Sex**  
**Mystery**  
**Wait**  
**Unconscious**

## PERSONAL INTEGRITY

WHAT IS TRUE FOR YOU is what you have observed yourself  
And when you lose that you have lost everything.

What is personal integrity?  
Personal integrity is knowing what you know-  
What you know is what you know-  
And to have the courage to know and say what you have observed.  
And that is integrity  
And there is no other integrity.

Of course we can talk about honor, truth, all these things,  
The esoteric terms.  
But I think they'd all be covered very well  
If what we really observed was what we observed,  
That we took care to observe what we were observing,  
That we always observed to observe.

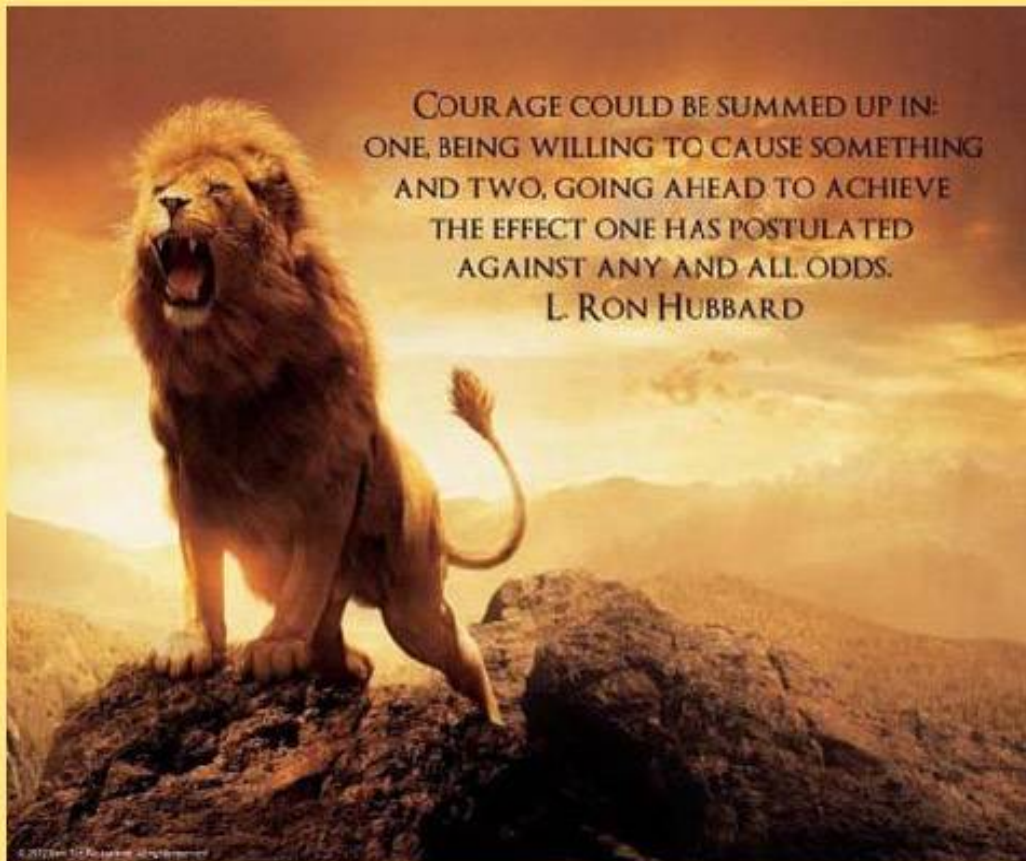
And not necessarily maintaining a sceptical attitude,  
A critical attitude or an open mind.  
But certainly maintaining sufficient personal integrity  
And sufficient personal belief and confidence in self  
And courage that we can observe what we observe  
And say what we have observed.

Nothing in Dianetics and Scientology is true for you  
Unless you have observed it  
And it is true according to your observation.  
That is all.

L. Ron Hubbard



# Group Starter Kit for Scientologists



## A Handbook for Field Scientologists Starting up a Group

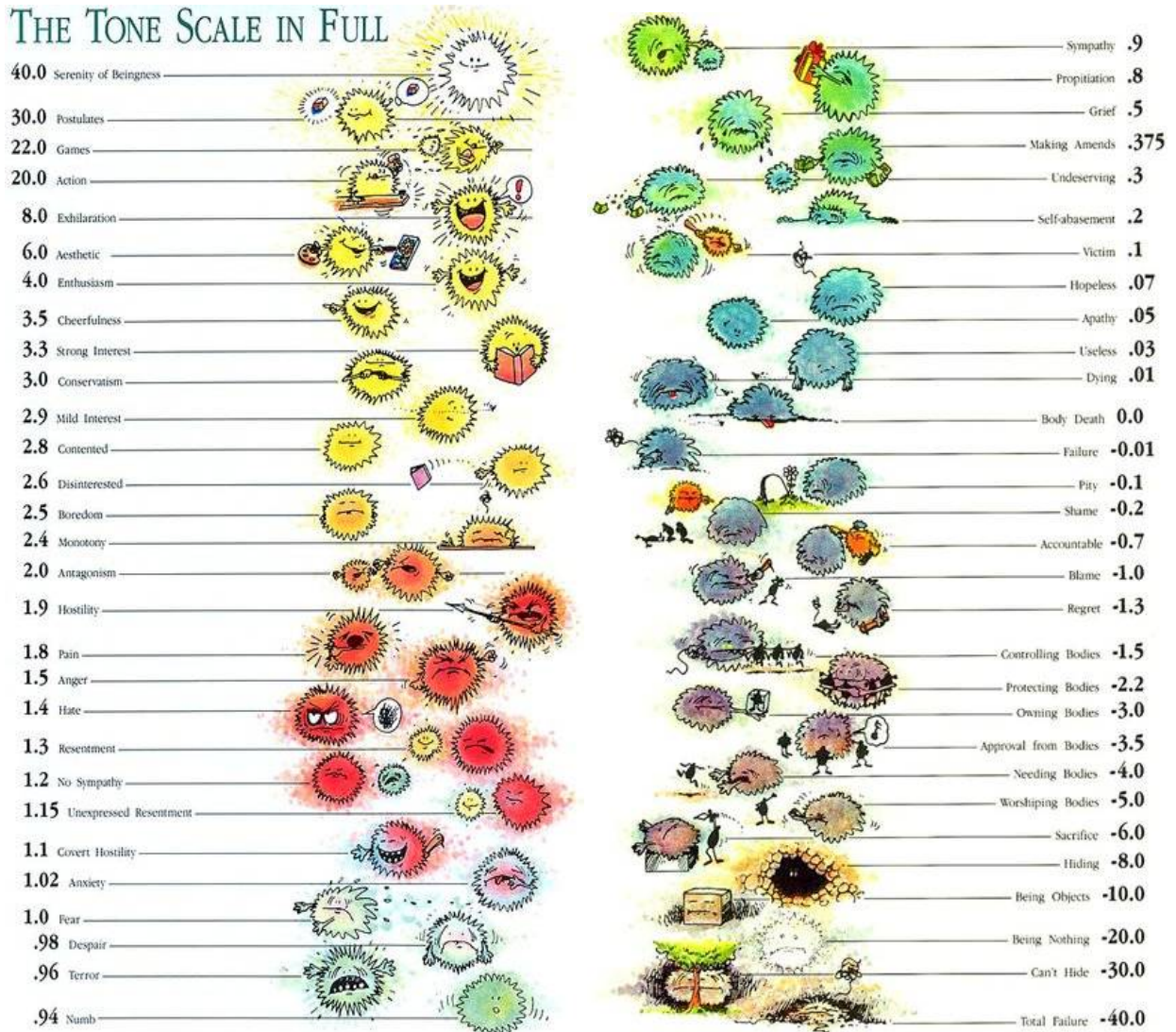
Published by The Association of Professional Independent Scientologists.

**Get your Free Group Starter Kit today!**

<http://independent-scientologists-association.net/start-a-group.shtml>

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# The Tone Scale in Full



## The Tone Scale

Understanding is composed of Affinity, Reality and Communication. This triangle tells us that the co-existent relationship between affinity, reality and communication is such that none can be increased without a resulting increase in the other two and none can be decreased without decreasing the other two. Of the three, communication is by far the most important. Affinity and reality exist to further communication. Under the heading of affinity we have, for instance, all the varied emotions which go from apathy at 0.1 through grief, fear, anger, antagonism, boredom, enthusiasm, exhilaration and serenity in that order. It is affinity and this rising scale of the characteristics of emotion which give us the Tone Scale.

Scientology 0-8. The Book of Basics

## Daily do list from Ron

Here's a brief quote from Professional Auditor's Bulletin (PAB) No. 6, which I offer as a fair use quote for educational purposes:

"Now you happen to be using a body. Before we worry about your mind let's clean up the primary communication relay point, the body. And for two weeks, let's do these things:

1. Clean up your MEST, get done the various odd jobs you've "been meaning to do."
2. Bring yourself up to date socially and give a letter or a ring or a personal call on people you've neglected.
3. Take a one-hour walk every day, simply starting away from home very early (dawn is best) for half an hour and then walk back, a different direction every day. (If you can't walk, get out in the yard and throw things for half an hour. If you can't throw, spit at something for half an hour -- and I mean throw and spit literally.)
4. Get a physical examination and if anything is chronic get it cured.
5. Take twice a day 100 mg. of B1 (200 mg. total) and supplement it with 250 mg. of vitamin C.

If you will do these things, you will be ready in a couple of weeks for some auditing. And if you feel you're in such top condition you need no auditing, I dare you to do the above and feel the change."



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of Professional Independent  
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make a difference to your life!***

**[http://independent-scientologists-  
association.net](http://independent-scientologists-association.net)**

# Regain your **ABILITY and POWER** as a Thetan

by L. Ron Hubbard

INTENTION. The ability to intend. And intention contains in it every power the Thetan has. The ability to throw a lightning bolt. The ability to hold something in position. The ability to make some thing continue. The ability to do away with something. Strength. Accomplishment. Power. Wit. Ability. These things are all wrapped up in the one common denominator of INTENTION.

You've been able to do this in recent times. It baffles you sometimes when a piece of MEST does not instantly and immediately obey, but it's simply a matter of intention.

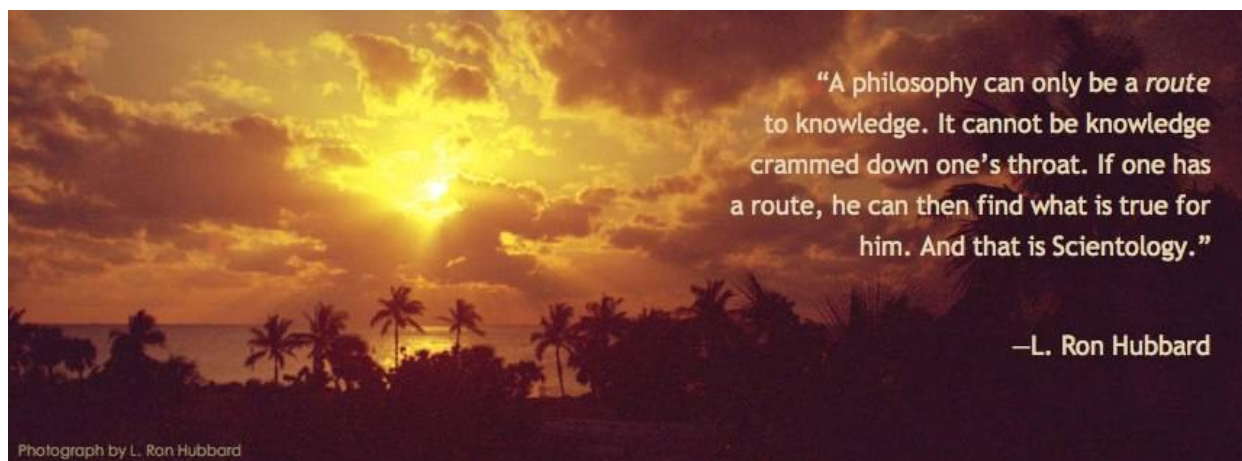
You intend something to happen and it happens. This is the ability to intend. And that is all there is to a thetan's power - there is no more to his power than that.

Intention is everything in case recovery. A person is as weak as his intentions are blunted. He will become as strong as his intentions are free. The greatest holder-backer of intention is the person himself. If he is regaining his power or ability or something like that, he's merely moving out of his road what blunts his intention and what has blunted his intentions, and that's all he is really doing.

Well, now he can go all the way, that is well within his grasp, and if he walks along a certain path and doesn't keep jumping off the cliff and so-forth, why he will arrive.



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